**Resources to Help Talk to Your Kids About Racism**

1. **Parents.com** - <https://www.parents.com/parenting/better-parenting/advice/how-to-teach-your-kids-to-fight-hate-an-age-by-age-guide/>
   * “In an era rife with division, bias incidents darken our news feeds and escalate our anxiety. We asked leading experts how parents can shield their children from—and shepherd them through—a world that seems hell-bent on hate.”
2. **New York Times** - <https://www.nytimes.com/2020/06/02/parenting/kids-books-racism-protest.html?fbclid=IwAR2o9mJmgXV7Bb6-cZF1spl-966P9ALFSQGHvuu0-5c4Y7byhsEOtd_S6HA>
   * “These Books Can Help You Explain Racism and Protest to Your Kids”
3. **Tolerance.org** - <https://www.tolerance.org/sites/default/files/general/beyond_golden_rule.pdf>
   * “Beyond the Golden Rule A Parent’s Guide to Preventing and Responding to Prejudice”
4. **Chicago Parent** - <https://www.chicagoparent.com/shop/books-to-teach-kids-about-racism/>
   * “13 Books to Help You Explain Racism to Kids”
5. **Cokesbury** - <https://www.cokesbury.com/resources-on-race?pagenumber=1>
   * “Talking about race, privilege, and fear is not easy, but silence is not an option. These resources and tools will help you creatively explore ways to have dialogue with your family, your church, and your community. Let’s work together to become outposts of love”

**YouTube Links**

1. **How to Talk to Kids About** **Race** - <https://youtu.be/QNEKbVq_ou4>
   * “The worst conversation adults can have with kids about race is no conversation at all,” says author Jemar Tisby. “Talking to kids about race needs to happen early, often, and honestly.”
2. **Talking to Children About Racism** - <https://youtu.be/nDgXMYhZClk>
   * “In light of the recent tragic events in Charlottesville, VA, it’s important to discuss race and racism with children and teenagers to help them process what they see and hear. NYU Langone child and adolescent psychologist Dr. Yamalis Diaz discusses how these discussions can impact their relationships and provides parents with guidelines for these discussions.”
3. **Racism and Violence: How to Help Kids Handle the News** - <https://youtu.be/ob-togu12HU>
   * **“**With protests over the violent deaths of black Americans dominating the news, it’s understandable that many kids are feeling scared, confused or angry about the situation.”
4. **A Mother And Her Son Go Viral For Their Song “I Just Wanna Live” | Nightly News: Kids Edition** - <https://youtu.be/guSHFu_NHHQ>
   * “Lester Holt interviews a child psychologist about how families can talk about the protests and race relations in America, and also speaks with Johnetta Bryant and her 12-year-old son Keedron, who went viral for their song, “I Just Wanna Live.” Dr. John Torres also answers more viewer questions and Kristen Dahlgren talks with an 11-year-old who is writing letters to make people feel appreciated (and caught Taylor Swift’s attention because of it).”
5. **Black Parents Explain How to Deal with the Police** - <https://youtu.be/coryt8IZ-DE>
   * “Sit down. We need to have a talk. Brave parents and their curious kids confront some of life’s biggest--and most awkward--lessons.”